

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanmeerbeek Rob

Coaches: Delport Titia HEADCOACH

Coaches: Mous Anke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:2, starttime: 14:02
Heat: 2/2 Lane : 4 Athlete: PEERSMAN MALIN			Q-time: 01:17:00
PB (50m pool): 01:19.51 Antwerpen 20/07/2025			PB (25m pool): 01:17.00 SB: no time
PB	5 0 M	1 0 0 M	
	00:36.87	01:19.51	
	00:36.87	00:42.64	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:2, starttime: 14:02
Heat: 2/2 Lane : 5 Athlete: ANTIPINA ALEXANDRA			Q-time: 01:25:10
PB (50m pool): 01:28.02 Antwerpen 20/07/2025			PB (25m pool): 01:25.10 SB: no time
PB	5 0 M	1 0 0 M	
	00:40.94	01:28.02	
	00:40.94	00:47.08	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11-12			Heat:2, starttime: 14:02
Heat: 2/2 Lane : 6 Athlete: SOARES ALMEIDA ANNA			Q-time: 01:26:62
PB (50m pool): 01:26.62 Antwerpen 20/07/2025			PB (25m pool): 01:30.50 SB: no time
PB	5 0 M	1 0 0 M	
	00:40.71	01:26.62	
	00:40.71	00:45.91	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:5, starttime: 14:14
Heat: 5/5 Lane : 3 Athlete: GINKELS ROBBE			Q-time: 01:16:73
PB (50m pool): 01:18.98 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:16.62 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.67	01:18.98	
	00:38.67	00:40.31	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11-12			Heat:5, starttime: 14:14
Heat: 5/5 Lane : 4 Athlete: RATIU THOMAS			Q-time: 01:14:31
PB (50m pool): 01:18.43 Antwerpen 20/07/2025 PB (25m pool): 01:14.31 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.34	01:18.43	
	00:38.34	00:40.09	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 14:21
Heat: 3/8 Lane : 1 Athlete: BOBEVA DARA			Q-time: 01:33:71
PB (50m pool): 01:37.39 Antwerpen 13/07/2025 PB (25m pool): 01:32.17 SB: no time			
	5 0 M	1 0 0 M	
PB	00:47.76	01:37.39	
	00:47.76	00:49.63	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:5, starttime: 14:26
Heat: 5/8 Lane : 4 Athlete: GADEYNE OLIVIA			Q-time: 01:23:07
PB (50m pool): 01:32.35 Antwerp 02/02/2025 PB (25m pool): 01:23.07 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.41	01:32.35	
	00:45.41	00:46.94	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:6, starttime: 14:28
Heat: 6/8 Lane : 7 Athlete: VANHEULE LÉA			Q-time: 01:19:92
PB (50m pool): 01:30.88 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:19.92 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.32	01:30.88	
	00:44.32	00:46.56	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 13-14			Heat:7, starttime: 14:30
Heat: 7/8 Lane : 2 Athlete: GINKELS FEBE			Q-time: 01:16:99
PB (50m pool): 01:21.40 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:16.99 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.64	01:21.40	
	00:39.64	00:41.76	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:3, starttime: 14:39
Heat: 3/9 Lane : 4 Athlete: DERAEMAECKER LANDER			Q-time: 01:43:14
PB (50m pool): 01:43.14 Antwerpen 13/07/2025 PB (25m pool): 01:48.56 SB: no time			
	5 0 M	1 0 0 M	
PB	00:49.64	01:43.14	
	00:49.64	00:53.50	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:5, starttime: 14:43
Heat: 5/9 Lane : 3 Athlete: DERAEMAECKER MATHIAS			Q-time: 01:36:64
PB (50m pool): 01:36.64 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:35.38 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.51	01:36.64	
	00:45.51	00:51.13	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:6, starttime: 14:45
Heat: 6/9 Lane : 5 Athlete: NAUDé DANIëL			Q-time: 01:33:96
PB (50m pool): 01:41.03 Antwerpen 13/07/2025			PB (25m pool): 01:33.96 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.00	01:41.03	
	00:48.00	00:53.03	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:9, starttime: 14:51
Heat: 9/9 Lane : 5 Athlete: RATIU MATHEO			Q-time: 01:17:27
PB (50m pool): 01:23.69 Antwerpen 20/07/2025			PB (25m pool): 01:17.27 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.07	01:23.69	
	00:39.07	00:44.62	
			

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 13-14			Heat:9, starttime: 14:51
Heat: 9/9 Lane : 8 Athlete: VERNIMMEN NICHOLAS			Q-time: 01:23:59
PB (50m pool): 01:26.87 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:23.59 SB: no time
	5 0 M	1 0 0 M	
PB	00:41.80	01:26.87	
	00:41.80	00:45.07	
			

Coach feedback:

Event number: 25: 50M FREESTYLE WOMEN 11-12			Heat:2, starttime: 14:55
Heat: 2/2 Lane : 3 Athlete: SOARES ALMEIDA ANNA			Q-time: 00:33:80
PB (50m pool): 00:33.90 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:33.80 SB: no time
	5 0 M		
PB	00:33.90		
	00:33.90		
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 25: 50M FREESTYLE WOMEN 11-12		Heat:2, starttime: 14:55
Heat: 2/2 Lane : 4 Athlete: ROGIERS LAYLA		Q-time: 00:29:75
PB (50m pool): 00:31.37 Antwerpen 20/04/2025 PB (25m pool): 00:29.75 SB: no time		
	5 0 M	
PB	00:31.37	
	00:31.37	
		

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12		Heat:4, starttime: 15:04
Heat: 4/8 Lane : 1 Athlete: DE RYCK HANNE		Q-time: 01:25:48
PB (50m pool): 01:28.07 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:25.48 SB: no time		
	5 0 M	1 0 0 M
PB	00:42.13	01:28.07
	00:42.13	00:45.94
		

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12		Heat:6, starttime: 15:08
Heat: 6/8 Lane : 3 Athlete: TYAGI YASHWINI		Q-time: 01:17:12
PB (50m pool): 01:18.22 Antwerpen 20/07/2025 PB (25m pool): 01:17.12 SB: no time		
	5 0 M	1 0 0 M
PB	00:37.33	01:18.22
	00:37.33	00:40.89
		

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 11-12		Heat:8, starttime: 15:12
Heat: 8/8 Lane : 5 Athlete: PEERSMAN MALIN		Q-time: 01:07:90
PB (50m pool): 01:10.58 Antwerpen 20/07/2025 PB (25m pool): 01:07.90 SB: no time		
	5 0 M	1 0 0 M
PB	no time	01:10.58
	no time	
		

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 27: 100M FREESTYLE WOMEN 11-12			Heat:8, starttime: 15:12
Heat: 8/8 Lane : 6 Athlete: ANTIPINA ALEXANDRA			Q-time: 01:09:67
PB (50m pool): 01:10.14 Antwerpen 20/07/2025			PB (25m pool): 01:09.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.63	01:10.14	
	00:34.63	00:35.51	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 11-12			Heat:5, starttime: 15:22
Heat: 5/5 Lane : 4 Athlete: GINKELS ROBBE			Q-time: 01:05:00
PB (50m pool): 01:07.58 Antwerpen 20/07/2025			PB (25m pool): 01:05.00 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.62	01:07.58	
	00:32.62	00:34.96	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 11-12			Heat:5, starttime: 15:22
Heat: 5/5 Lane : 5 Athlete: RATIU THOMAS			Q-time: 01:06:15
PB (50m pool): 01:09.29 Antwerpen 20/07/2025			PB (25m pool): 01:06.15 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.27	01:09.29	
	00:34.27	00:35.02	
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 13-14			Heat:6, starttime: 15:36
Heat: 6/7 Lane : 1 Athlete: NAUDé DANIël			Q-time: 00:38:59
PB (50m pool): 00:41.26 Antwerp 02/02/2025			PB (25m pool): 00:38.59 SB: no time
	5 0 M		
PB	00:41.26		
	00:41.26		
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:2, starttime: 15:40
Heat: 2/7 Lane : 4 Athlete: VANHEULE LÉA			Q-time: 01:49:23
PB (50m pool): 01:55.17 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:49.23 SB: no time			
	5 0 M	1 0 0 M	
PB	00:54.03	01:55.17	
	00:54.03	01:01.14	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 15:45
Heat: 4/7 Lane : 8 Athlete: BOBEVA DARA			Q-time: 01:41:52
PB (50m pool): 01:41.52 Antwerpen 13/07/2025 PB (25m pool): 01:42.03 SB: no time			
	5 0 M	1 0 0 M	
PB	00:47.91	01:41.52	
	00:47.91	00:53.61	
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:5, starttime: 15:48
Heat: 5/7 Lane : 2 Athlete: GADEYNE OLIVIA			Q-time: 01:37:31
PB (50m pool): 01:47.60 Woluwe-Saint-Pierre 29/03/2025 PB (25m pool): 01:37.31 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:47.60	
	no time		
			

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 13-14			Heat:7, starttime: 15:52
Heat: 7/7 Lane : 6 Athlete: GINKELS FEBE			Q-time: 01:23:53
PB (50m pool): 01:30.12 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:23.53 SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.80	01:30.12	
	00:42.80	00:47.32	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:2, starttime: 15:56
Heat: 2/5 Lane : 3 Athlete: DERAEMAECKER LANDER			Q-time: 01:34:77
PB (50m pool): 01:34.77 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:35.83 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.12	01:34.77	
	00:43.12	00:51.65	
			

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:4, starttime: 16:00
Heat: 4/5 Lane : 8 Athlete: VERNIMMEN NICHOLAS			Q-time: 01:21:91
PB (50m pool): 01:27.03 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:21.91 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.81	01:27.03	
	00:39.81	00:47.22	
			

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:5, starttime: 16:02
Heat: 5/5 Lane : 5 Athlete: RATIU MATHEO			Q-time: 01:08:39
PB (50m pool): 01:12.86 Antwerpen 20/07/2025 PB (25m pool): 01:07.75 SB: no time			
	5 0 M	1 0 0 M	
PB	00:33.39	01:12.86	
	00:33.39	00:39.47	
			

Coach feedback:

Event number: 32: 100M BUTTERFLY MEN 13-14			Heat:5, starttime: 16:02
Heat: 5/5 Lane : 8 Athlete: DERAEMAECKER MATHIAS			Q-time: 01:15:62
PB (50m pool): 01:17.72 Antwerpen 13/07/2025 PB (25m pool): 01:15.62 SB: no time			
	5 0 M	1 0 0 M	
PB	00:36.25	01:17.72	
	00:36.25	00:41.47	
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 38: 4x50M MEDLEY MIXED 11-14					Heat:1, starttime: 16:22
Heat: 1/2 Lane : 4 Athlete: TEAM LAQUA 3					Q-time: 02:31:10
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
					

Coach feedback:

Event number: 38: 4x50M MEDLEY MIXED 11-14					Heat:2, starttime: 16:26
Heat: 2/2 Lane : 4 Athlete: TEAM LAQUA 1					Q-time: 02:13:10
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
					

Coach feedback:

Event number: 38: 4x50M MEDLEY MIXED 11-14					Heat:2, starttime: 16:26
Heat: 2/2 Lane : 6 Athlete: TEAM LAQUA 2					Q-time: 02:23:50
PB (50m pool):		PB (25m pool):		SB:	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
					

Coach feedback: